



**Elizabeth Park, Lime Street, Invercargill**

**Welcome to the Southland B.M.X Club Incorporated.**

BMX is for kids of all ages and grown ups, and is a great opportunity for mums and dads to participate in, and share the rewards of an exciting sport with their kids. Once tried, you'll be hooked for life. Come on. Give it a go.

#### **Contacts**

**President: Dave Burnett 03216 4248**

**Vice President: Richard Stodart: 03 230 4887**

**Treasurer: Diane Henderson 03 216 5551**

**Secretary: Michele Shields 03 215 7271**

**Club mailing address**

**127 Tanner St**

**[speedwobble@xtra.co.nz](mailto:speedwobble@xtra.co.nz)**

**[www.southlandbmxclub.co.nz](http://www.southlandbmxclub.co.nz)**

#### **Who can join**

Anybody of any age can come and ride. From the smallest under 5 to the more mature riders of 55 plus. There is a grade to suit each rider.

#### **Season 1 January – 31 December**

Season starts 1 January to April with a winter break.

Some racing available during winter weather permitting

Then starts in August to 31 December

#### **FEES**

The first 3 club nights are free, and then once you've got your pedals spinning, you can join up! When you do join, you can choose to ride with either a full, club or sprocket licence, depending on how much riding you want to do. All riders, once they have completed their 3 free nights, need to see the secretary to join the SLD BMX Club & BMXNZ.

#### **Bike, Helmet & Glove Hire**

Bikes, Helmet & Glove Hire is \$5 per night, per rider, and is free after you are licenced.

As these bikes/gear are limited in number, & are aimed at new riders, to see if they like BMX.

Then you will need to get your own bike, helmet and gloves.

<b>LICENCE FEES 1 January – 31 December</b>		
<b>Per Rider</b>		
<b>Club Licence 8yrs &amp; over</b>	<b>\$35.00</b>	<b>Club racing only</b>
<b>Sprocket Licence 7yrs and under</b>	<b>\$55.00</b>	<b>Regional &amp; National racing</b>
<b>Open Licence 8yrs &amp; over</b>	<b>\$80.00</b>	<b>20" &amp; Cruiser Regional &amp; National</b>
<b>Upgrade Sprockets</b>	<b>\$50.00</b>	
<b>Familys of 3 or more discounted fee. See Secretary</b>		

## **OTHER EVENTS**

Flyers are emailed out to riders. Through the website as well from the Secretary.

You must be a licensed rider with BMZLNZ either as Open, Sprocket or Club Licence. (note there are limited Club Licence events)

You can choose which events you want to attend and send the entries in as necessary. It is over to the rider to decide how many events are attended, there is no minimum requirement.

However, once a rider gets a little more serious, some events must be attended to qualify for further events. i.e.

The NZ Nationals. Please ask any of the committee members as they will all be happy to assist you with any questions.

We will run two weekend race meets per season

October – Tri Series

November – Sunday - Southland Champs (NQM)

March – Saturday – SLD Regional Finals

March – Sunday - Southland Open

## **CLUB NIGHTS**

During the BMX season,

Sundays club racing days, which start at 1.30pm and finish at around 3.00pm.

Fridays club racing days start on daylight saving. Racing check-In 6pm

On Monday nights coaching sessions are run between 6 and 7pm.

All riders are welcome, and are encouraged to come to coaching nights, where some of the more experienced riders give their time to coach other members with our own coach.

**If parents are not actually racing, they are still expected to be present at the track and take responsibility for their children, if their children are aged 15 or younger.**

Each club night comprises of 4-5 motos (techno talk for races), rider of the night trophy awarded.

Club nights/days are a great intro to the sport, with food and beverages available, to keep the energy levels up for racers and spectators alike.

### **Checking In.**

When arriving for club nights, one of first things to be done is to register your riders at the points hut. The name of the rider is registered under his or her particular age group or grade.

### **HELPFUL INFO**

#### **CURRENT SEASON CALENDER AND HANDBOOKS**

This book is packed full of info regarding things like bike requirements, safety gear, event dates, and clubs etc and is well worth a read.

It also contains race rules and regulations for those who want to take their riding a bit further. These can be obtained from the SLD BMX Club website, under 'Rules' & "Competitions"

### **AGE CLASSIFICATION**

As a newbie, you will hear the terms "age on the day" and UCI age and most likely will feel completely confused! No sweat. While age on the day is self explanatory, UCI age is not.

**UCI age is the rider's age on 31<sup>st</sup> December of the Current Year.**

**Age on the Day** applies to **Sprocket Rockets Only** & the odd meeting like our Club Champs.

### **BIKES**

For club nights you may use a standard bike from home. However, once a rider has decided to join the club and ride on a more regular basis, he/she may decide to purchase a bike more specific to BMX. At club nights and other meetings, second hand bikes can regularly be found for sale, Trade Me.

Ask at the points hut for info regarding bikes for sale, and also for assistance, if you need help selecting a bike.

Don't forget, there is a limited supply of bikes for hire at the club. The club monthly newsletter is also a good place to spot bikes for sale. Please make sure that you feel committed to BMX, before you upgrade your bike!

**BMX racing bikes** are referred to as either 20 inch class or cruiser class. The 20" class reflects the 20 inch diameter of the wheels, and can be further broken down to different frame sizes.

**The frame** size is matched to the size of the rider.

Bike types and sizes can be a bit confusing at first, but there are plenty of "old hands" out there to help explain these differences. Don't be afraid to ask!

**Bike Pads** - The following safety pads are recommended;

A) A pad that surrounds the crossbar of the handlebars.

B) A pad that surrounds the top tube of the frame.

C) A pad that covers the stem connecting the handlebars to the fork.

Refer to THE RULE BOOK for more details on bikes and bike pads.

### **BIKE NUMBER PLATES**

For competition riding a number plate must be attached to the front of the handlebars. A number plate shall be 20-25cm high, and 25-30cm wide, and made of plastic or similar flexible material.

Once again, for full details of the letter and number requirements for these plates, please refer to THE RULE BOOK.

When Sprockets register (under 8's) they will receive a number plate from BMXNZ.

Club and Open Class riders will need to purchase their own.

For the number on your plate there is a log book with the secretary and points hut showing currently registered riders and the number plates still available for our riders.

### **SAFETY GEAR**

Clothes - **You must wear**

1) Long trousers

2) Long sleeved top, sleeves down to wrists, preferably with padded elbows

3) Shoes and socks

4) Full fingered gloves.

Helmet - Full face helmets are recommended, however the minimum requirement for head protection is a helmet, with a mouth protector.

Refer to THE RULE BOOK for full details.

### **TO PURCHASE GEAR**

To Purchase bikes recommend those retailers that support our club; Wensleys, Cycle Surgery, Stockists of all BMX requirements

## **TO JOIN OUR CLUB**

Application forms available on the SLD BMX Club website.  
Cash or cheques are accepted. Cheques are to be made out to Southland BMX Club Inc.  
Please hand forms and money in to the secretary or post to;

Southland BMX Club.  
127 Tanner St  
INVERCARGILL

Your receipt will be returned to you if asked for at the next club night. Your license, will be sent out when all moneys are paid in full and given out when returned in the post. Sprockets will be issued with their number plate but Novice and Open Riders will need to purchase their own plates and numbers at a signwriters.

## **PARENT INVOLVEMENT**

We highly encourage all parents to get involved in the club in whatever way they can. We always need help with the bbq, help with cleaning up afterwards, working bees etc.

Ask at the points hut and we will gladly team you up with someone. This is a great way to feel part of the action, meet new people and show your kids your commitment to their sport.

This season we are running three weekend race meetings at our track and help will be appreciated. Our club generally rides in or Christmas Parade in full gear, has a Christmas fun club night and our own end of season champs and prizegiving – all fun for the riders and spectators.

## **Race Meetings**

To run a great meeting our working party may need be ask for your help, in running these events, and during the season we will ask you and teach you as you go. Any jobs you don't mind doing let some one know it would be greatly appreciated.

## **SHOP & BBQ**

We have a good selection of food, and drinks available for sale on race meets.

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HAPPY RIDING

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