

# Gulp Grind Gallop

## Triathlon : Individual Male

ID	Name	Swim		Bike		Run		Overall		Category Place
		Place	Time	Place	Time	Place	Time	Place	Time	
21	Neville Thorne	3	05:11	3	29:28	1	18:13	2	52:52	1
29	Shane Gough	12	06:32	1	28:02	5	19:11	3	53:45	2
28	David Maginn	4	05:15	4	30:32	6	19:59	4	55:46	3
20	Paul Winder	8	05:51	5	31:26	4	19:03	5	56:20	4
39	Michael Lee		NoTime		NoTime	3	18:48	6	1:00:11	5
35	Zac Vermeulen	30	07:52	10	33:45	15	22:11	11	1:03:48	6
31	Scott Harris	2	05:02	21	38:26	10	21:17	14	1:04:45	7
22	Jeremy O'Conner	32	08:19	18	36:34	7	20:46	15	1:05:39	8
33	Eddie Peters		NoTime		NoTime	8	20:52	17	1:07:00	9
34	Clete Elliott	17	07:08	19	37:47	16	22:17	18	1:07:12	10
25	Ashley Windsor	41	11:07	15	35:51	14	22:02	20	1:09:00	11
27	Keith Brinkworth	24	07:28	30	40:28	17	22:50	22	1:10:46	12
30	Mark Doggett	20	07:12	22	38:54	38	27:37	26	1:13:43	13
26	Carlos Legaz	34	08:40	29	40:18	36	27:17	34	1:16:15	14
32	Nicholas Harris	10	06:08	39	46:44	40	29:30	41	1:22:22	15
213	ACC Yeah You Know Me	38	09:58	43	1:15:57		NoTime		NoTime	

## Triathlon : Individual Female

ID	Name	Swim		Bike		Run		Overall		Category Place
		Place	Time	Place	Time	Place	Time	Place	Time	
18	Paula Hedges	15	06:45	11	34:13	25	25:04	16	1:06:02	1
15	Maree Small	36	09:05	17	36:20	27	25:37	23	1:11:02	2
38	Peta McMillian	16	06:56	24	39:33	23	25:01	24	1:11:30	3
5	Calli Jeffers	7	05:45	28	40:14	30	26:11	25	1:12:10	4
3	Linda Winder	22	07:14	26=	40:02	31	26:33	27	1:13:49	5
6	Jodi Pearson	29	07:49	32	41:15	24	25:02	29	1:14:06	6
16	Adele Larsen	35	08:48	23	39:26	32	26:35	30	1:14:49	7
11	Diane Redding	31	08:04	36	43:54	20	23:54	31	1:15:52	8
4	Bella Shakespear	39	10:32	20	38:08	37	27:22	32	1:16:02	9
12	Nicola Wills	26	07:37	26=	40:02	39	28:33	33	1:16:12	10
1	Shelley Gray		NoTime		NoTime	33	26:41	35	1:16:28	11
13	Sarah McKinlay	18	07:10	25	39:43	42	30:06	36	1:16:59	12
7	Kaitlen O'Conner	25	07:30	38	44:34	28	25:46	37	1:17:50	13
37	Kathleen Deacon	27	07:40	40	49:58	9	21:02	38	1:18:40	14

**Triathlon : Individual Female**

ID	Name	Swim Place	Time	Bike Place	Time	Run Place	Time	Overall Place	Time	Category Place
14	Sarah Thorne	28	07:44	37	44:19	35	26:56	39	1:18:59	15
2	Mary-Jane Thomas	37	09:10	34	43:13	41	30:00	42	1:22:23	16
10	Nic Miller	21	07:13	42	50:46	43	32:30	43	1:30:29	17
17	Janice Jones		NoTime		NoTime		NoTime	44	1:33:40	18
36	Ange Burnett	33	08:20	9	33:38		NoTime		NoTime	

**Triathlon : Team**

ID	Name	Swim Place	Time	Bike Place	Time	Run Place	Time	Overall Place	Time	Category Place
208	Corkery Team	5=	05:40	2	28:38	2	18:18	1	52:36	1
206	D Team	11	06:11	8	33:26	11	21:30	7	1:01:07	2
209	AWS Exterminators	1	04:55	14	35:42	12	21:39	8	1:02:16	3
205	The Young Elders	5=	05:40	13	34:56	13	21:44	9	1:02:20	4
204	Triple S	13	06:35	6	32:25	19	23:45	10	1:02:45	5
211	Farst	14	06:42	12	34:27	18	22:51	12	1:04:00	6
214	Jo-Hannah	9	06:04	7	32:38	26	25:29	13	1:04:11	7
207	WJH	19	07:11	16	36:01	21	24:27	19	1:07:39	8
203	Team Awsome		NoTime		NoTime	22	24:50	21	1:10:29	9
210	Dangerous Rhythm	23	07:25	31	40:38	29	25:53	28	1:13:56	10
201	The Outsiders	40	10:39	33	41:33	34	26:49	40	1:19:01	11
202	Pitter Patter Potters	43	12:20	41	50:26	44	35:03	45	1:37:49	12
212	Raw Training	42	11:22	35	43:43		NoTime		NoTime	

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### Duathlon : Individual Male

ID	Name	Bike		Run		Overall		Category
		Place	Time	Place	Time	Place	Time	
325	Charlie Moore	1	33:54	7	21:52	1	55:46	1
327	Micheal Watt	3	35:36	4	20:30	2	56:06	2
334	Andy Whyte	4	35:59	2=	20:26	3	56:25	3
323	Warren McNamara	2	35:08	8	21:58	4	57:06	4
326	Reimar Engelbrecht	12	41:25	1	16:47	5	58:12	5
329	Bill Dowling	5	37:22	5	21:07	6	58:29	6
328	Aaron Smith	7	38:01	6	21:09	7	59:10	7
330	John Lamb	9	39:08	2=	20:26	8	59:34	8
338	Anthony Hogan	17	43:07	9	24:13	11	1:07:20	9
324	Michael Bone	14	42:17	13	26:13	13	1:08:30	10
335	Grant Nimmo	13	41:29	21	28:51	14	1:10:20	11

### Duathlon : Individual Female

ID	Name	Bike		Run		Overall		Category
		Place	Time	Place	Time	Place	Time	
318	Janet Copeland	6	37:30	14	26:24	9	1:03:54	1
308	Sharlene McGimpsey	11	40:11	15	26:45	10	1:06:56	2
332	Josie Parker	16	42:39	11	24:51	12	1:07:30	3
336	Maria Alcock	15	42:33	20	28:30	15	1:11:03	4
331	Tanya Legaz	23	45:59	17	27:16	16	1:13:15	5
319	Joyce Andrew	26	47:58	12	25:41	17	1:13:39	6
315	Jessica Williams	21	44:02	23	29:45	18	1:13:47	7
317	Janine Potts	19	43:52	25	30:02	19	1:13:54	8
307	Angela Black	22	44:24	22	29:31	20	1:13:55	9
322	Julia Bisset	27	48:00	18	27:22	21	1:15:22	10
302	Wendy Cook	18	43:26	28	32:14	22=	1:15:40	11=
314	Paula Langford	28	48:09	19	27:31	22=	1:15:40	11=
313	Trish Smith	24=	46:29	24	29:50	24	1:16:19	13
320	Kate Stevenson	24=	46:29	27	31:57	25	1:18:26	14
301	Nyia Strachan	32	53:23	16	26:54	26	1:20:17	15
303	Kathy Barber	20	43:55	31	38:14	28	1:22:09	16
304	Julie Blake	30	50:35	29	35:35	29=	1:26:10	17=
306	Jerrie Andrews	29	50:25	30	35:45	29=	1:26:10	17=
316	Niki McNaught	33	54:20	26	31:50	29=	1:26:10	17=

<b>Duathlon : Individual Female</b>								
<b>ID</b>	<b>Name</b>	<b>Bike</b>		<b>Run</b>		<b>Overall</b>		<b>Category</b>
		<b>Place</b>	<b>Time</b>	<b>Place</b>	<b>Time</b>	<b>Place</b>	<b>Time</b>	
337	Trudy Ophuis	31	53:14	32	44:03	32	1:37:17	20
312	Kirten Addie	8	38:42		NoTime		NoTime	
333	Clarissa Goff	10	39:11		NoTime		NoTime	

<b>Duathlon : Team</b>								
<b>ID</b>	<b>Name</b>	<b>Bike</b>		<b>Run</b>		<b>Overall</b>		<b>Category</b>
		<b>Place</b>	<b>Time</b>	<b>Place</b>	<b>Time</b>	<b>Place</b>	<b>Time</b>	
300	McKenzie Team	34	57:01	10	24:41	27	1:21:42	1

Sport Southland / Preston Russell Law