

2010 South Island Inter-Secondary Schools Swimming Championships

Hosted by Swimming Southland
sanctioned by NZSSSC

Splash Palace, Invercargill
2 & 3 July 2010. Short Course (25m)

Contact: David Prattley
Executive Officer
Swimming Southland
P.O.Box 13 Gore
Ph. (03) 2088414
admin@swimsouthland.org.nz

Swimming rules and conditions:

- ⇒ Age as at the first day of the meet – 2 July 2010
- ⇒ Swimmers must equal or better the qualifying standard, be Year 9 or above and be under 19yrs of age on the 1 January 2010 (SWID excepted). Swimmers must be enrolled full-time at school
- ⇒ Swimmers may compete in their age group and / or open events
- ⇒ There is no limit to the number of entries per event from each school
- ⇒ There is no limit to the number of events an individual may enter
- ⇒ All open events will be timed finals
- ⇒ Swimmer with a Disability events will be timed finals
- ⇒ The prelims for the able bodied events will be seeded as mixed open events i.e. Boys and Girls of all ages will swim together in the heats
- ⇒ The eight fastest heat times in each age group and gender will qualify for the finals. Age groups are 14yrs and under, 15yrs and over
- ⇒ Swimming clubs may e-mail electronic entries– (However a swimmers school affiliation must accompany the entries)
- ⇒ A MM Backup will be available to clubs after the meet.
- ⇒ Individual entries may be made on the entry forms attached
- ⇒ Entry fees are \$6.00 per individual per event. Entry fees to be enclosed with entries. (No late individual entries accepted.)
- ⇒ \$12.00 entry fee for each relay team entered. Relays will be swum as timed finals. (Late entries with entry fee for relays teams will be accepted until end of session before event.)
- ⇒ Admission to the pool will be by displaying an official pass - address for passes to be posted to must be included with entries
- ⇒ The event will be Smoke, Drug and Alcohol free
- ⇒ Entries close on Friday 25 June, 2010:

Please enclose entry fees with entries

ENTRY FEES \$6.00 per individual event and \$12.00 per relay event GST inclusive. DOB & Age as at 2 July 2010.

Entries including completed Secondary School details form to be emailed preferably, or posted on entry form provided to arrive by 25th June 2010.

Entries to: - Email admin@swimsouthland.org.nz
Swimming Southland,
P.O.Box 13
Gore
Ph; (03) 2088414,

Entry times shall be submitted as Short course (25m).

No late individual entries will be accepted.

Psych sheets will be available on www.swimsouthland.org.nz on 28th June 2010

RULES OF THE CHAMPIONSHIP

1. All events will be conducted under the SNZ Regulations and FINA Rules, except where local meet rules apply.
2. Swimmers with a physical disability "**SWPD**" may compete at this Meet (Schools must sign swimmers authorisation to compete in SWPD events)
3. Swimmers with an intellectual disability "**SWID**" may compete at this Meet (Schools must sign off swimmers authorisation to compete in SWID events. ***Swimmers who have been diagnosed with an intellectual disability and / or are functioning at a cognitive level that would result in unfair competition against their able bodied peers, are eligible for this classification. As a guideline this will mean that swimmers would receive at least 5 hours of teacher aide time per week.***)
4. All swimmers must be marshalled, as all events will start promptly, and competitors must be ready when called, otherwise the event will be started without them.
5. Each competitor is to remain in his/her lane until instructed to leave.
6. Protests must be lodged in accordance with SNZ Regulations; the fee shall be \$50.00.
7. There will be **no time trials**
8. All relay events, 200 & 400m events are Open and will be swum as timed finals
9. 50m & 100m events will be swum mixed prelims and seeded according to entry time. Finals for 50m & 100m events will be swum by age group / : Male / Female
10. 50m & 100m events age groups 14 & under 15 & Over : Male / Female
11. SWPD results for events 114, 115 & 117 are open : Male / Female
12. SWID results for events 124, 125 & 127 are open : Male / Female
13. The one start rule shall apply
14. When the Referee blows the whistle all swimmers are to vacate the pool. Swimmers shall not climb over or touch the touch pads at any time when leaving the pool. While exiting the pool competitors must swim UNDER the lane ropes.
15. At the beginning of each race when the whistle is blown there is to be silence and no movement on poolside.
16. Electronic Timing will be used at this meet.
17. Full results will be available on www.swimsouthland.org.nz

Relays

- ⇒ Mixed relay teams must have 2 boys and 2 Girls (any order). Schools may enter mixed and single sex relay teams but swimmers must not swim both. However they can swim different relays (e.g. mixed Medley relay & girls Free relay).
- ⇒ Relay names; in the order of swimming must be in the recorder's hands 30 minutes before the start of the session in which they are to be swum or the team will not be eligible to swim.

Prizes

1st, 2nd, 3rd places in relay and individual events will receive ribbons

WITHDRAWAL RULE

Entrants wishing to withdraw from timed final events or finals shall do so in writing signed by the Authorised representative (team manager) and lodged with the recorder as described below. No withdrawal is necessary for prelims.

1. Withdrawals for session one, 24 hours prior to the start of the first event i.e. 5pm Thursday 1st July. For the second & third sessions, withdrawals are to be notified by the completion of the previous session.
2. Entry fees will be refunded if a medical certificate is supplied to the Executive Officer, Swimming Southland by Monday 5th July 2010.
3. The Meet Director shall determine the acceptability on all matters where medical reasons or hardship are claimed.

Note: Anyone who does not intend to swim in a final or timed final must withdraw in writing on the form provided by the times set out in #1 above- The penalty for a "no show" in a final is a \$15 fine.

Withdrawal sheets are available from the control room.

No reseeding will be done.

Swimming Southland is pleased to host this event and looks forward to some exciting inter-school competition.

Meet Programme

Session: 1 Friday 2 July, Warm up 6.00 – 6.40, Starts at 6.45pm

Session: 2 Saturday 3 July, Warm up 8.30 – 9.10, Start 9.15am

Session: 3 Saturday 3 July, Warm up 3:30 – 4.10, Starts at 4.15pm

Session 1 Friday Evening

Timed Final	1	Girls 200 Freestyle
Timed Final	2	Boys 200 Freestyle
Prelims	3	Mixed 100 Breaststroke
Prelims	4	Mixed 50 Freestyle
Timed Final	114	SWPD Mixed 50 Freestyle
Timed Final	124	SWID Mixed 50 Freestyle
Timed Final	5	Girls 200 Backstroke
Timed Final	6	Boys 200 Backstroke
Prelims	7	Mixed 50 Breaststroke
Prelims	8	Mixed 100 Butterfly

Session 2 Saturday Morning

Timed Final	9	Mixed 200 Medley Relay
Timed Final	10	Girls 200 Medley Relay
Timed Final	11	Boys 200 Medley Relay
Prelims	12	Mixed 50 Butterfly
Timed Final	13	Girls 200 IM
Timed Final	14	Boys 200 IM
Prelims	15	Mixed 50 Backstroke
Timed Final	115	SWPD Mixed 50 Backstroke
Timed Final	125	SWID Mixed 50 Backstroke
Prelims	16	Mixed 100 Freestyle
Timed Final	17	Girls 200 Butterfly
Timed Final	18	Boys 200 Butterfly
Prelims	19	Mixed 100 Backstroke
Timed Final	20	Girls 200 Breaststroke
Timed Final	21	Boys 200 Breaststroke

Session 3 Saturday Afternoon

Finals	16	100 Freestyle
Finals	12	50 Butterfly
Timed Final	22	Girls 400 Freestyle
Timed Final	23	Boys 400 Freestyle
Finals	19	100 Backstroke
Finals	7	50 Breaststroke
Timed Final	117	SWPD Mixed 50 Breaststroke
Timed Final	127	SWID Mixed 50 Breaststroke
Finals	8	100 Butterfly
Timed Final	24	Girls 400 IM
Timed Final	25	Boys 400 IM
Finals	15	50 Backstroke
Finals	3	100 Breaststroke
Finals	4	50 Freestyle
Timed Final	26	Mixed 200 Freestyle Relay
Timed Final	27	Girls 200 Freestyle Relay
Timed Final	28	Boys 200 Freestyle Relay

Qualifying Times

Times below are 25m (SC) times please use SNZ conversion tables to convert swims done in pools other than 25m (available www.swimmingnz.org.nz)

	14 & U Girls	14 & U Boys	15 & O Girls	15 & O Boys	Open Girls	Open Boys
<u>Freestyle</u>						
100	1.20.00	1.09.00	1.13.00	1.05.00		
200					2.45.00	2.25.00
400					5.40.00	5.15.00
<u>Backstroke</u>						
100	1.28.00	1.24.00	1.25.00	1.20.00		
200					3.10.00	2.54.00
<u>Breaststroke</u>						
100	1.38.00	1.33.00	1.35.00	1.29.00		
200					3.30.00	3.05.00
<u>Butterfly</u>						
100	1.40.00	1.30.00	1.25.00	1.16.00		
200					3.00.00	2.45.00
<u>Individual Medley</u>						
200					3.00.00	2.28.00
400					6.00.00	5.40.00
Note: There are no qualifying times for any 50m events or relay events						

**2010 South Island Secondary Schools Swimming Champs
Secondary School Details**

School Name:	
Team Manager:	
In Term Contact Phone: Holiday Contact Phone:	
In Term Contact Email: Holiday Contact Email:	
Postal address for Pool Passes to be sent:	
Number of Competitors	

		Entry fee per Event	Sum
Number of Individual Entries		x \$6	
Number of Relays		x \$12	
		Total	

Please make cheque payable to **Swimming Southland**

Principals Signature
(Compulsory)

By signing this document the principal confirms that the competitor has school permission to enter, the entry fee will be covered by the school and that all competitors representing the school at the event are eligible to do so. To be eligible a competitor must be at the school for 2010 and under 19 years of age as of 1/1/2010.

**Post with entries to: The Executive Officer
Swimming Southland
P.O.Box 13
Gore**

Swimming – Entry Form for Individual Events

Surname	First name / Middle Initial	Date of birth <u> </u> / <u> </u> / <u> </u> dd/ mm/ yy
Gender (circle one) M / F	School I certify this swimmer is eligible to compete for this school Signed _____ Principal	

Event Number	Event Name	Entry Time (LC)
1	Open Final Girls 200m Freestyle	
2	Open Final Boys 200m Freestyle	
3	Mixed Prelims 100m Breaststroke	
4	Mixed Prelims 50m Freestyle	
5	Open Final Girls 200m Backstroke	
6	Open Final Boys 200m Backstroke	
7	Mixed Prelims 50m Breaststroke	
8	Mixed Prelims 100m Butterfly	
12	Mixed Prelims 50m Butterfly	
13	Open Final Girls 200m IM	
14	Open Final Boys 200m IM	
15	Mixed Prelims 50m Backstroke	
16	Mixed Prelims 100m Freestyle	
17	Open Final Girls 200m Butterfly	
18	Open Final Boys 200m Butterfly	
19	Mixed Prelims 100m Backstroke	
20	Open Final Girls 200m Breaststroke	
21	Open Final Boys 200m Breaststroke	
22	Open Final Girls 400m Freestyle	
23	Open Final Boys 400m Freestyle	
24	Open Final Girls 400m IM	
25	Open Final Boys 400m IM	
114	SWPD Mixed 50 Freestyle	
124	SWID Mixed 50 Freestyle	
115	SWPD Mixed 50 Backstroke	
125	SWID Mixed 50 Backstroke	
117	SWPD Mixed 50 Breaststroke	
127	SWID Mixed 50 Breaststroke	

Swimming – Entry form for Relay Events

Event #	
School	
Team Name	
Swimmer 1	_____
Swimmer 2	_____
Swimmer 3	_____
Swimmer 4	_____
Note: Medley relay order is back, breast, fly, free	

Event Number	Event Name
9	Mixed 4 x 50m Medley Relay
10	Girls Final 4 x 50m Medley Relay
11	Boys Final 4 x 50m Medley Relay
26	Mixed Final 4 x 50m Freestyle Relay
27	Girls Final 4 x 50m Freestyle Relay
28	Boys Final 4 x 50m Freestyle Relay

Relay names and order of swimming MUST be handed into the control room 30 minutes before the start of racing, forms are available at the meet

Medley relays in Session: 2 must be in to control by 8.45am
Freestyle Relays in Session: 3 must be in to control by 3.45pm

- **Web sites to look at for accommodation in Invercargill**

Should you require motel accommodation in Invercargill, we would encourage you to book early. Check out a selection of properties at:

www.iltaccommodation.co.nz

To access bookings, and **special rates** for Southland Secondary Schools Sports events, please contact: Nikki Buckley at the Invercargill Licensing Trust by e-mail: nikki@ilt.co.nz or phone: (03) 211 3765.

Other options

www.southlandmotels.co.nz

www.holidayguide.co.nz

tuataralodge@xtra.co.nz - This is a backpackers in town



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