



Yummy Mummy's Booty Camp

Exercise classes for Mums & Babies

*Improve your fitness and get
your body back with toning exercises*

Mondays 10am – 10.45am

Gore Parents Centre

\$2 (Parents Centre Members), \$3 Non Members



PARENTS CENTRE



For more information, contact:

Susie (Sport Southland) 03 208 3846

Birgit (Parents Centre) 03 203 8080

www.sportsouthland.co.nz