

Important information
PLEASE SAVE THIS INTO YOUR OFFICE
ADMINISTRATION SYSTEM FOR FUTURE REFERENCE.

SOUTHLAND PRIMARY SCHOOLS' ATHLETICS SPORTS

Proudly supported by



WHEN ?-SATURDAY 2 APRIL 2011
**WHERE ?-SURREY PARK ATHLETICS
STADIUM,
INVERCARGILL**

This information is also available on the Sports Southland
website

http://sportsouthland.co.nz/index.cfm/Events/Southland_Primary_School_Sport_Assn

Please find enclosed the following

- *On-line entry details*
- *2011 Programme*
- *ZONE MANAGERS MEETING- SATURDAY 2 APRIL 8.00AM- Breakfast will be provided!!!- All must attend.*
- *Pre-meet information for Zone managers*

Reminders for 2011, information for parents and contact people.

- *Zone responsibilities for 2011-N.B Please check carefully as these may have changed.*

All gear will be provided on the day-ZONES ARE NOT REQUIRED TO BRING ANY GEAR

Entry details

**THESE ARE TO BE ENTERED BY
OR ON BEHALF OF ZONE
MANAGERS**

**Please contact Henry Tudor-for
your entry spread sheet.**

hjtudor@clear.net.nz

Ages are at 31 December 2010

- **ALL entries MUST be sent by
Thursday 24 March 2011.**
- **Any late entries or changes must be into the
above address by Thursday 31 March.**
- **Any final changes on the day must be made
at the zone managers meeting**
- **Additional AWD entries that do not fit on
the spreadsheet may be sent directly to
Henry Tudor.**

- Relays- teams must be confirmed by 11 am on the day
- NB South Otago students may not be Southland champs if they are are placed first. They will receive the placing and the prize, but the next Southland student will be the Southland champ this will follow through with certificates for Southland students.

Any problems with entering details please contact Henry Tudor

hjtudor@clear.net.nz

- ZONE MANAGERS PLEASE ALSO EMAIL YOUR CONTACT DETAILS TO

[Lisa Tou -mcOtons@paradise.net.nz](mailto:Lisa.Tou-mcOtons@paradise.net.nz)

N.B mcZERO not the letter o

PLEASE MAKE THIS INFORMATION AVAILIABLE TO YOUR PARENTS-A COPY OF THE PROGRAMME WILL ALSO BE AVAILABLE ON THE DAY

**SOUTHLAND PRIMARY SCHOOL
ATHLETIC CHAMPIONSHIPS TIMETABLE
SATURDAY 2 APRIL
SURREY PARK INVERCARGILL**

F = Final.

Event No. 9.15 - 10 AM FIELD

1.	9B	Long Jump (W)
2.	9G	Long Jump (E)
3.	10G	High Jump
4.	10B	Discus
5.	11B	Shot Put

TRACK

6.	9.00	10G	1500m
7.		10B	1500m
8.	9.15	11G	1500m
9.		11B	1500m
10.	9.30	12G	1500m
11.		12B	1500m

10.00 - 10.45 FIELD

12.	12B	Long Jump (W)
13.	12G	Long Jump (E)
14.	9 B	High Jump
15.	10G	Discus
16.	11G	Shot Put

TRACK

17.	10.00	7G	100m Heats
18.	10.05	7B	100m Heats
19.	10.10	8G	100m Heats
20.	10.15	8B	100m Heats
21.	10.20	10G	100m Heats
22.	10.25	10B	100m Heats
23.	10.30	11B	100m Heats
24.	10.35	11G	100m Heats
25.	10.40	12G	100m Heats
26.	10.45	12B	100m Heats

10.45 - 11.30 FIELD

27.	8B	Long Jump (W)
28.	8G	Long Jump (E)
29.	11B	High Jump
30.	9G	Discus
31.	9B	Shot Put
32.	AWD Discus	Discus circle by 1500m start
32b	AWD Shot	
32c	AWD 60m	

TRACK

33.	10.50	9G	100m Heats
34.	10.55	9B	100m Heats
35.	11.05	10G	200m Heats
36.	11.10	10B	200m Heats
37.	11.20	11G	200m Heats
38.	11.25	11B	200m Heats
39.	11.35	12G	200m Heats
40.	11.40	12B	200m Heats
41.	11.45	9G	200m Heats
42.	11.50	9B	200m Heats

Track Lunch Break

11.30 - 12.15 FIELD

43.	10B	Long Jump (W)
44.	10G	Long Jump (E)
45.	11G	High Jump
46.	12G	Discus
47.	12B	Shot
48.		

Field Lunch Break

TRACK

49.			
50.	12.50	7G	60m Heats

51.	12.55	7B	60m Heats
52.	1.00	8G	60m Heats
53.	1.05	8B	60m Heats
21F	1.15	10G	100m Final
22F	1.20	10B	100m Final
24F	1.25	11G	100m Final
23F	1.30	11B	100m Final
25F	1.35	12G	100m Final
26F	1.40	12B	100m Final

1.00 - 1.45 FIELD

54.	11B	Long Jump (W)
55.	11G	Long Jump (E)
56.	12B	High Jump
57.	9B	Discus
58.	10G	Shot Put

TRACK

17F	1.45	7G	100m Final
18F	1.50	7B	100m Final
19F	1.55	8G	100m Final
20F	2.00	8B	100m Final
33F	2.05	9G	100m Final
34F	2.10	9B	100m Final
59.	2.15	10G	800m
60.	2.20	10B	800m
61.	2.25	11G	800m
62.	2.30	11B	800m
63.	2.35	12G	800m
64.	2.40	12B	800m
65.	2.45	9G	800m
66.	2.50	9B	800m

1.45 -2.30 FIELD

67.	10 B	High Jump
68.	12 B	Discus

69. 9G

Shot Put

TRACK

50F	2.55	7G	60m Final
51F	3.00	7B	60m Final
52F	3.05	8G	60m Final
53F	3.10	8B	60m Final
49F	3.15	AWD	60m Final
35F	3.20	10G	200m Final
36F	3.25	10B	200m Final
37F	3.30	11G	200m Final

2.30 - 3.15 FIELD

70.	12G	High Jump
71.	11G	Discus
72.	10B	Shot Put

TRACK

38F	3.35	11B	200m Final
39F	3.40	12G	200m Final
40F	3.45	12B	200m Final
41F	3.50	9G	200m Final
42F	3.55	9B	200m Final
73.	4.00	8G	Relay
74.	4.05	8B	Relay
75.	4.10	9G	Relay
76.	4.15	9B	Relay
77.	4.20	10G	Relay
78.	4.25	10B	Relay
79.	4.30	11G	Relay
80.	4.35	11B	Relay
81.	4.40	12G	Relay
82.	4.45	12B	Relay

3.15 - 4pm FIELD

83.	11B	Discus
84.	12G	Shot Put
85.	9G	High Jump

**INFORMATION FOR ZONE
MANAGERS**

- ***ZONE MANAGERS MEETING-
SATURDAY 2 APRIL 8.00AM-
Breakfast will be provided!!!-All
must attend.***

Some reminders

- ***TRACK-Ages 7 to 9 may use a
crouch or standing start only-NO
SPIKES***
- ***TRACK-Ages 10,11 and 12 may
use a crouch start for races up
to 400m. If using spikes for***

races up to 400m- blocks **MUST** be used.

- **TRACK AND FIELD**-Ages 10 and above **MAY** use spikes in the 800m,1500m,Long Jump and High Jump.

- **LONG JUMP** 12 Year olds will jump off the white board.

Everyone else will use the coloured metre mat.

- **THROWING EVENTS** It is strongly suggested that children wear footwear during these events.

- There is **NO** 9 year 1500m

HIGH JUMP As an association we strongly discourage the use of the

Fosbury Flop unless students have been specifically coached in the correct technique.

Athletes coached in and using this technique may use it at their own risk and the association accepts no responsibility for any injuries that may occur.

- *Please check your zone responsibility as it may have changed.*
- *Children and spectators need to be prepared for all weather- wet or fine!*
- *Complaints- any complaints are to be directed to the Control Room- Jane Muir or Lisa Tou*

CONTACT PEOPLE

- *Gear Hireage-Lance Smith of Athletics Southland-ph 218 6649*

Or email lance.debbie@xtra.co.nz

- *AWD-Jim Watson
jim.watson@sportssouthland.co.nz*
- *On-line [entries-
hjtudor@clear.net.nz](mailto:hjtudor@clear.net.nz)*

*• For further information contact Lisa Tou at
mc0tons@paradise.net.nz*

N.B mc zero NOT mc the letter-O

- *Access to coaching tips see*
http://sportsouthland.co.nz/index.cfm/events/southland_primary_school_sport_assn/athletics/resources.html

FOR PARENTS-

- The programme of events should be available at your school and the Sports Southland website.
- Results from the day will also be posted on the Sports Southland website.
- Food will be available for purchase but please ensure your child has food and refreshments.
- Please ensure your child has clothing for all conditions.
- There is a charge for Spectators-\$1 child,\$2 adult.

Zone responsibility

Track	Starter	- Southland Children's Athletic Association
	Assistant Starter	- Southland Children's Athletic Assn
	Marshalls	- Suburbs/Te Wharekura (2) Southland Boys' High School (1) Southland Girls' High School (1)
	Judges	- Southland Girls High School (3) - Southern Stars (3)
	Time Keepers	- All Saints / Verdon (3) - Phoenix (3)
Field	High Jump	- Central (4) - Northern (4)
	Long Jump	- Lower Maitava Valley/Menzies (4) - South Otago (4)
	Shot Put 1	- Eastern (4)
	Shot Put 2	- Avenal (4)
	Discus 1 (inside track)	- Western (4)
	Discus 2 (back field)	- Southern (4)
	Relays	- Southland Boys High School

Report 3.15 pm Control Room

(8 required - 2 for each baton
change, plus 2)

Announcer

- AM JHC-Stu?
- PM Central-Julian?

Canteen

- Athletics Assoc

First Aid

- Situated in St Pauls Clubrooms)

Control Room and Results

- James Hargest College
AM (4)
PM (6)
Kiwi (2) Control Room

AWD
60m, Shot and Discus

There will be 3 age classifications

Years 1-3

Years 4-6

Years 7-8

You are able to enter 2 students per category on the spreadsheet. However if you have more please send them directly to Henry Tudor.

hjtudor@clear.net.nz

Athlete with Disability, Intellectual - students who are below their peers in their intellectual functions and who receive 5 or more teacher aide hours per week, if the student is in a special needs centre and doesn't receive the teacher aide hours they still qualify.

Athlete with Disability, Wheelchair User - students who use a manual wheelchair for mobility, students who have a loss of function in their lower limbs (we could specify how much but this just complicates matters).

Athlete with Disability, Physical - students who are disadvantaged in relation to their peers due to a physical impairment such as cerebral palsy, spina bifida, prosthetic limb, etc.

Athlete with Disability, Visually Impaired - student who qualifies to be a member of the Royal NZ Foundation of the Blind.

If you require further information regarding this please contact-Jim Watson at Sports Southland-

jim.watson@sportsouthland.co.nz