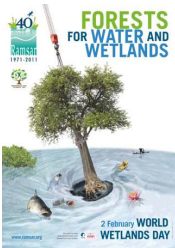


Kiwi Seniors Walk List – Invercargill Feb – June 2011

- Feb 17** **Waituna Wetlands** **Ann**
 Our launch of the BNZ Active Walkers – Kiwi Seniors. Travel to one of the world's largest remaining wetlands. Under the 'Ramsar' convention for wetlands – Waituna was the first chosen in NZ at 3,500ha and is part of Awarua complex of 18,900ha. (Check out <http://www.wetlandtrust.org.nz/Waituna.html> for more information This wetland is one of 6 in New Zealand. A very special place and we are proud to be supporting such a historical site. Plant a few trees, walk around the lake and enjoy being part of 'World Wetlands' month. See how many bird species you can see (81 noted). Bring your camera and be part of this combined effort between BNZ, Department of Conservation, Sport Southland and the Kiwi Seniors.
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- Feb 24** **Mavora 8am – 6pm** **Ann**
 A brilliant walk in some of the easily accessible beech forest area. Sport Southland along with Fish & Game NZ and DoC have organized a day of fishing and walking. Come along and enjoy a day of variety and a 'one off' opportunity to have a go at fishing. No licence or fishing gear required. Fishing tutors will be in attendance to show us the 'art' of casting and hopefully we end up with the catch of the day. Bring all requirements for the day, including insect repellent. Fish are scared off with bright clothing. **Bookings Essential \$22pp before 17 Feb.**
- March 3** **Bluff** **Lyn & Bev**
 Heaps of walking tracks around this area – great shelter from the winds or a beautiful view over the strait
- March 10** **Otatara** **Lyn & Shirley**
 Bush walk in a local Parks and Reserve area
- March 17** **Mimihau - Wyndham** **Joan & Merle**
 It's a long time ago since we have been there – the trees will have grown and dare say the track will have some good memories for some.
EVENING – Meet & greet the BNZ staff with a data projector show of the Waituna Lagoon planting and Mavora Lakes fishing trip, followed by supper. No cost and a special 'prize' draw for those who attend. Venue is BNZ meeting room corner Esk & Kelvin Street 7pm. RSVP to Sport Southland by 10 March – for catering purposes
- March 24** **Oreti Beach walk** **Don**
 The tide is right and you will leave the South entrance and end up further south! Someone mentioned Omaui! That's a good walk.
- March 25-27** **Borland Lodge – weekend camp 8.30am** **Ann & helpers**
 Leaving early Friday morning and returning later on Sunday afternoon. If the last weekend is anything to go by – we will have a great time, with plenty of activities/exercises, heaps of walks, lots of sights to see and a few challenges chucked in along the way. **Bookings Essential** and due by **17 March** – Cost \$130 payable in instalments. Once registered a gear list will be issued.
- March 31** **Edendale - Menzies Ferry** **Joy & Dwyllis**
 These ladies will have you walking where you have probably never heard about. Look forward to a great day and some possible undulations.
- April 7** **Winton** **Joan & Bev**
 The heart of Central Southland and heaps of history – come along for a another great walk devised by two of our most experienced walkers and leaders
- April 14** **Otatara – the Three Bushes** **Dorothy & Don**
 I never knew there were so many bushes in Southland and Terry tells us that he has found evidence of over 100 'bush' settlements. Come along and take part in 3 of them.
- April 21** **Queens Park – NO BUS** **Judy P, Dwyllis & Jo**
 Meet at Feldwick gates at 9.30am for a good walk around the 200acres of central Park. Might even venture down to Thomson's Bush for lunch – be prepared for a change

- April 28 Riversdale – Frank Blakely Farm 9am James**
I understand from previous walks that there are farmyard animals galore – a very nice area and a good farm walk. Might pay not to wear your new white shoes here.
- May 5 Gibbston River Trail 8.30am – 6pm Ann**
6 years in the making, an award winner and brand spanking new to walkers. Walk beside the amazing Kawarau river and wander (not waddle) past a number of vineyards. Archaeological sites to view as well. The Community Trust of Southland put a considerable amount of funds into this – so let's enjoy the work that has been done. Cameras would be a good idea. Bring all food, drinks etc. **Bookings Essential - \$27pp before April 28 please**
- May 12 Sherwood Forest Ann**
Meet up with the Northern Southland KiwiSeniors and Pat Turnbull. A nice walk and perhaps some TLC to the area that we planted 2 years ago. See the lake that should have a 'Lochness'!
- May 19 Seawood Bush Merle and friends**
Always popular and always a good outing – come along and enjoy
- May 26 Waikaia 9am Terry & Friends**
We haven't been there for a number of years and it's a lovely area that really has wonderful history at the Switzers Museum and surrounding area. Bring a few coins for the museum tour
- June 2 Waihopai Flood Banks Joan & Joy**
Invercargill is one of the luckiest cities around to have a walkway that almost circumnavigates the entire city. Great walk

NB - May 18 – Planning meeting – 1.30pm Upstairs in the Sarah Ulmer Lounge – ILT Velodrome. Come along with your ideas and walks for the planning of the next 3 months.



Waituna Wetlands in flower



Gibbston River Trail

IMPORTANT INFORMATION:

- Every walk will meet by 9.20 am STADIUM SOUTHLAND CAR PARK. Buses will leave at 9.30am SHARP unless otherwise stated. ETR (estimated time of return) about 1.30 -2pm unless stated. (Buses are required for school runs during the school term)
- Bring a campstool, thermos (or drink bottles and sun block in the hot weather), food, comfortable shoes, water proof jacket and warm clothing, these can all be left on the bus whilst walking.
- Remember to **bring coin change for your bus fare**. Bus fares usually range from \$5 to \$15 APPROX.
- Compulsory for you all to enjoy your walks! Sport Southland really enjoys any feedback.
- Walk lists and registration forms are available on line from our website - www.sportsouthland.co.nz

NB: *Please register for all the 'full day' trips and pay before the due date. All 'day trips' will be first in first served - when payment is received.*

For more information contact:

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