



No Exceptions: Count Me In

No Exceptions Training is a two hour workshop that gives practical ideas on how to adapt physical activity and sport to include all people, especially disabled people. This workshop is free.

The main principle of this training is **TREE** (Teaching strategies, Rules, Equipment and Environment) which are four aspects of sport, physical education and physical activity that can be adapted.

This is a fun interactive workshop that includes handouts, power point, videos, brain storms and physical activity. The session will be facilitated by Justin Muschamp, Halberg Trust Sport Opportunity Advisor at Sport Canterbury.

EASTERN SOUTHLAND

WHEN: 3.30pm Monday 19th September

WHERE: James Cumming Wing, Ardwick Street, Gore

INVERCARGILL – MORNING OPTION

WHEN: 9am Tuesday 20th September

WHERE: Lindisfarne Worship and Community Centre
22 Lindisfarne St, Invercargill

INVERCARGILL – AFTERNOON OPTION

WHEN: 3.30pm Tuesday 20th September

WHERE: Hansen Hall at Southern Institute of Technology (SIT)
133 Tay Street, Invercargill

Registrations essential

Please contact Yvette Hodges at Sport Southland to register before Monday 8th August 2011:

Phone: (03) 211 2150

Yvette.hodges@sportsouthland.co.nz