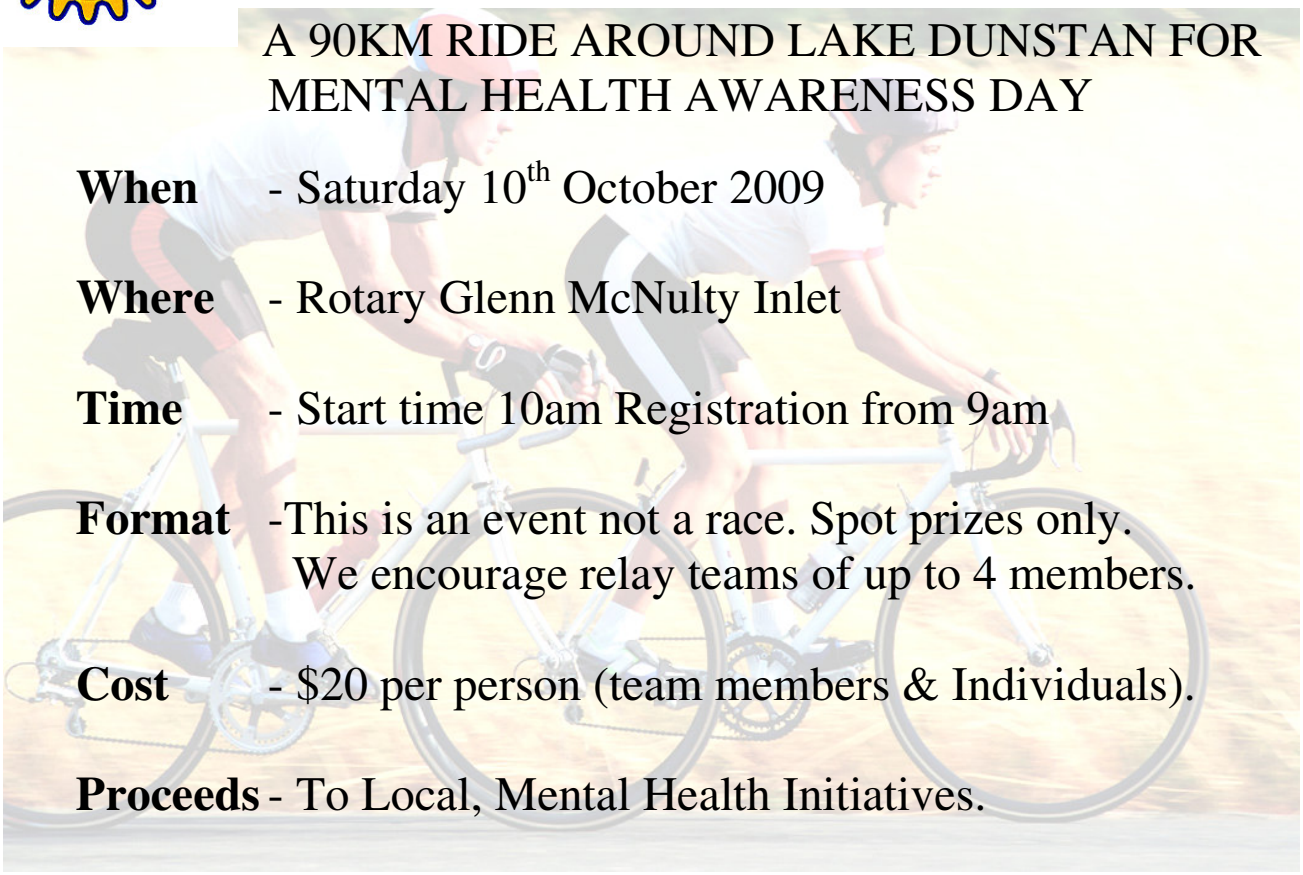
Rotary Club of Cromwell Inc.

"RIDE THE LAKE"

A 90KM RIDE AROUND LAKE DUNSTAN FOR MENTAL HEALTH AWARENESS DAY



When - Saturday 10th October 2009

Where - Rotary Glenn McNulty Inlet

Time - Start time 10am Registration from 9am

Format -This is an event not a race. Spot prizes only. We encourage relay teams of up to 4 members.

Cost - $20 per person (team members & Individuals).

Proceeds - To Local, Mental Health Initiatives.

Contact - For Further Details Contact Marie Roxburgh on 0211 319 859 or Mark Bermingham on 027 654 5005.

Entries to PO Box 2180 Wakatipu or into NRG Gym Barry Ave Cromwell. Entries limited so register early

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Individual Yes/No
Team of 2 3 4 (distances vary from 15km to 35km)
Name (s)_____
Paid _____

Proudly sponsored by:

stahlton
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