



**PUSH PLAY**



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## Kiwi Seniors Walk List – Te Anau

| August - November 2009

**5 August**      **Through Ivon Wilson Park, Wildlife Park & Fiordland Nursery**

**12 August**      **Brod Bay Walk**  
Always a favourite

**19 August**      **Ivon Wilson Motor Bike Track**

**26 August**      **Rainbow Reach to Moturau**  
Always interesting

*Hopefully the days are warmer & drier now so that we can be a bit more adventuresome.*

**2 September**      **Derek Turnbull Track & Museum**  
At Tussock Creek. A day away

**9 September**      **Farm Walk**  
A farm walk somewhere, TBA

**16 September**      **Key Summit Walk**  
A days outing

**23 September**      **Local Walk**  
A local walk somewhere. Helen & Jackie left this date out of the programme!!! Maybe we could walk through the Town Belt behind the Vet Club Jackie's idea.

**30 September**      **Rainbow Reach to Supply Bay**  
The new cycle track from Rainbow Reach to Supply Bay?

**7 October**      **Borland / Lake Monowai Area**  
Another day trip.

**14 October**      **Town & Around**  
Spring Gardens, New Subdivisions

**21 October**      **Long Hilly Track**  
Lunch at Colac Bay restaurant. All day trip.

**28 October**      **Frasers Beach / Home Creek**  
At Manapouri. Bring money for coffee.



- 4 November Mavora Lakes**  
Spectacular area and a beautiful valley, bring your lunch.
- 11 November Balloon Loop, Rainbow Reach**
- 18 November Homer Tunnel**  
To view Mt Cook Lilies & Gertrude Valley walk. A full day.
- 25 November Final Walk**  
1 month till Christmas. Our final walk & end of year wind-up. Your choice! Suggestions please!



#### IMPORTANT INFORMATION:

- Always be prepared for a change of plan, so bring extra sandwich and drink, in case we go further than planned.
- Walks start at **9.00am meeting at DOC**, long-term car park unless otherwise stated in this walklist.
- For long trips when transport is required, two days notice must be given to one of the Te Anau contact people listed below.
- When transport is required please have the following change available: \$2.00+ for short trips, \$10.00+ for longer trips
- Please bring water bottle and/or thermos, snacks and lunch (if you require) all carried in a daypack. Raincoat, jersey or jacket, hat, gloves, sunglasses and comfortable sturdy shoes. Remember your sun block and insect repellent.
- All walks are dependent on weather and factors possibly outside our control. Please still meet at DOC and decisions will be made on the day. Our Programme planning is flexible so please contact the Te Anau leaders as listed below if you are unsure.
- Please send your registration for 2009 (available from Helen or Jackie or [www.sportsouthland.co.nz](http://www.sportsouthland.co.nz)) to **Sport Southland PO Box 224 Invercargill 9840**
- **The road code applies to all road walks – NO MORE THAN 2 ABREAST AND FACING ONCOMING TRAFFIC, THIS IS NOT NEGOTIABLE. PLEASE KEEP AS FAR OFF THE ROAD AS PRACTICABLE. PLEASE BE SEEN!**

Contact People: Jackie Wright 03 249 7685, Helen Willett 03 249 7833, Isobel Donaldson 03 249 7331

Walklists are available from the Sport Southland website – [www.sportsouthland.co.nz](http://www.sportsouthland.co.nz)

#### For more information contact:

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