

## ***Standards (for primary schools)***

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The following standards are a guide to help you decide whether it is suitable for an athlete to compete in the Southland Primary School Championships. Progression through to the Southland Championships is by placings so these standards are an indication only. And as the standards are set for an all weather running track, allowances must be made for rough surfaces, soft ground or strong headwinds. Any athlete under or not too far over the standards would not be out of place in the Championships.

<b>Event</b>	<b>7G</b>	<b>7B</b>	<b>8G</b>	<b>8B</b>	<b>9G</b>	<b>9B</b>	<b>10G</b>	<b>10B</b>
<b>60m</b>	<b>13"</b>	<b>11"</b>	<b>12"</b>	<b>10"</b>	<b>11"</b>	<b>9"</b>	<b>-</b>	<b>-</b>
<b>100m</b>	<b>21"</b>	<b>20"</b>	<b>21"</b>	<b>19"</b>	<b>20"</b>	<b>18"</b>	<b>19"</b>	<b>17"</b>
<b>200m</b>	<b>40"</b>	<b>38"</b>	<b>40"</b>	<b>37"</b>	<b>38"</b>	<b>35"</b>	<b>36"</b>	<b>33"</b>
<b>800m</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>3.10</b>	<b>3.00</b>
<b>1500m</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>6.20</b>	<b>6.05</b>
<b>LJ</b>	<b>2.70</b>	<b>3.0</b>	<b>2.80</b>	<b>3.10</b>	<b>3.0</b>	<b>3.20</b>	<b>3.30</b>	<b>3.50</b>
<b>HJ</b>	<b>-</b>	<b>-</b>	<b>0.80</b>	<b>1.00</b>	<b>0.90</b>	<b>1.00</b>	<b>1.00</b>	<b>1.10</b>
<b>SP</b>	<b>3.20</b>	<b>4.50</b>	<b>4.00</b>	<b>5.60</b>	<b>5.50</b>	<b>6.50</b>	<b>6.00</b>	<b>6.80</b>
<b>D</b>	<b>9.00</b>	<b>11.00</b>	<b>10.00</b>	<b>12.00</b>	<b>14.00</b>	<b>16.00</b>	<b>16.00</b>	<b>18.00</b>

<b>Event</b>	<b>11G</b>	<b>11B</b>	<b>12G</b>	<b>12B</b>
<b>100m</b>	<b>18"</b>	<b>15"</b>	<b>17"</b>	<b>14"</b>
<b>200m</b>	<b>35"</b>	<b>32"</b>	<b>34"</b>	<b>32"</b>
<b>800m</b>	<b>3.10</b>	<b>2.55</b>	<b>3.00</b>	<b>2.45</b>
<b>1500m</b>	<b>6.15</b>	<b>6.00</b>	<b>6.10</b>	<b>5.50</b>
<b>LJ</b>	<b>3.40</b>	<b>3.50</b>	<b>3.50</b>	<b>3.70</b>
<b>HJ</b>	<b>1.05</b>	<b>1.10</b>	<b>1.15</b>	<b>1.20</b>
<b>SP</b>	<b>6.50</b>	<b>7.00</b>	<b>7.00</b>	<b>7.50</b>
<b>D</b>	<b>18.00</b>	<b>20.00</b>	<b>20.00</b>	<b>22.00</b>

Ages for Primary Schools are taken on 31<sup>st</sup> of December **of the year before**.