

Good Morning,

Please see below a message from Dave Clarke, Coaching Director;

Squash NZ are pleased to announce the launch of the interactive online coaching modules Get Started (1a) and Safety Concepts (1b) part of the new Squash NZ Coach Development Framework.

These modules provide coaching assistance, whether you're the volunteer coach or a high performance coach working with elite athletes, there is always more to learn and to pass on.

Coaching is about sharing knowledge and experience, making sport fun and helping athletes to reach their potential. Coaches help make sport happen in New Zealand.

Checkout the two online interactive coaching modules Get Started in Coaching and Safety Concepts that will provide you with some excellent coaching advice and information that will assist you're coaching in a fun way.

Get Started in Coaching

It provides tips on:

- Your role as a coach in meeting the needs of your players
- Being inclusive and fair
- Communication
- Games for understanding
- Running a coaching session
- Planning.

This module will take approximately **30 minutes** to complete.

Safety Concepts

The following information introduces a code of ethics for coaches and basic safety concepts for coaching. They will help you:

- Identify key elements of your role and your responsibilities to your players
- Provide a safe environment for your players
- Identify and apply key strategies for your own protection (and those in your support team).

As you go through this, think about how these concepts relate back to squash, your players and yourself.

This module will take approximately **30 minutes** to complete.

These modules can be located in the coaching section of the Squash New Zealand website.

Kind Regards,

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