

Multisport-Male

Clinton Aitken

Kayak	Bike	Run	Total
0:15:10	0:35:44	0:33:11	1:24:05

Multisport-Female

Lia Styles

Kayak	Bike	Run	Total
0:15:10	0:38:32	0:29:47	1:23:29

Longcourse Duathlon-Male

Tony Raggett

Run	Bike	Run	Total
0:17:41	0:26:24	0:19:15	1:03:20

Andy Whyte

0:19:09	0:29:51	0:20:05	1:09:05
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Nigel Lee

0:24:10	0:34:52	??	
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Longcourse Duathlon-Female

Julia Aspinal

Run	Bike	Run	Total
0:24:42	0:34:58	0:24:36	1:24:16

Shortcourse Duathlon-Male

David Crooks

Run	Bike	Run	Total
0:07:33	0:29:59	0:23:23	1:00:55

Shortcourse Duathlon-Female

Wendy Day

Run	Bike	Run	Total
0:09:32	0:33:53	0:31:05	1:14:30

Junior

Andrea Stiles

Run	Bike	Run	Total
0:15:10	0:38:32	0:29:47	1:23:29